

# Kidz Chronicle



Our theme for this year is:

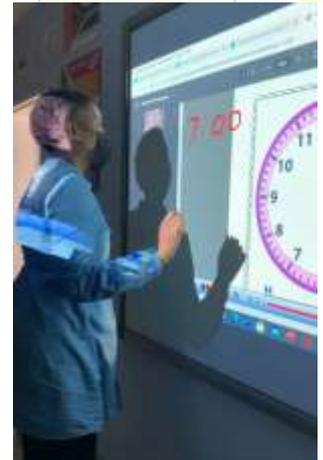
Accept and Embrace CHANGE

## Official handover—Interactive whiteboards

We express our sincere gratitude for the interactive white boards, an essential tool in our fast-paced, tech-driven world. The enjoyment of learning has been elevated by the use of the interactive white boards. Teachers and learners will continue to have fun as we explore ways on how to enhance our teaching.

Each lesson has turned into an adventure, discovering new things everyday. This new change, which we excitedly embraced, is going to help improve our results, enhance literacy, boost attentiveness and promote learner engagement. It has extended learning beyond the text, helping our learners to be contributors to our ever changing world.

We were once, a little gem, school in the inner city but now with interactive white boards, we can call ourselves a gold nugget, the BEST school in the inner-city. Thank you to Klaus Vogel, David du Plessis and Aldin Van Zyl from DocQtech for the Elmo document Camera L12 which is valued at R13 000. This is indeed a wonderful gift! No words can express how grateful we are to you and our CityKidz Executive Management (Renney, Michael, Dudu and the Principal)—You have made our lives even richer!



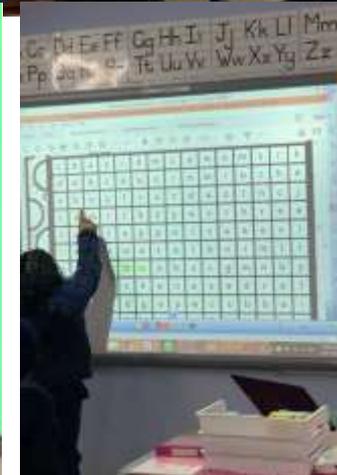
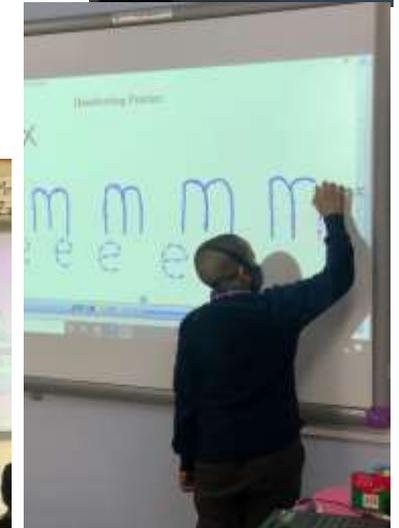
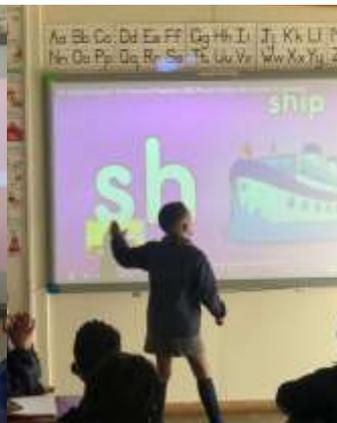
### Special points of interest:

Civvies Day- Spring-  
1st September

Grade 1 Trip to Honey  
Dew Mazes  
3rd September

Grade 3 to the  
Lion Park  
Friday 10 September

4 Trip to the  
Lion Park  
Friday 17 September  
2021



# Grade 3 Solar System





The Solar System is a vast and interesting part of our universe. In our galaxy, the Milky Way, we find a unique constellation of stars and very strange and exciting planets. Our Grade 3s started the journey of exploring space in a spectacular way! The virtual planetarium stimulated our interest and left us yearning to learn more!

Constructing our own planets using recycled materials and our boundless creativity was a fun family experience. This project showcased our ability to use imagination and recycled material. It gave us the practical knowledge of the eight planets, such as how Venus is actually hotter than Mercury, or how scientists found water on Mars!

The learning experience was heightened by us watching many videos on our super cool smart boards. We gained a greater appreciation of our Earth, knowing why our planet is special and how we can protect it and keep it safe and healthy for our generation and the next generations to come.

Future astronauts and astronomers will continue to dream big until all is accomplished.

## Behaviour Bank – School Code of Conduct

At CityKidz we follow our School of Conduct policy. The Behaviour Bank policy is implemented when dealing with behaviour issues. It is our duty to give children boundaries and to give them security in making choices and expectations in line with the mission of the school. Lately, some children are not abiding by our school's code of conduct. We have been contacting parents of children with more challenging and ongoing behaviour issues. The school will not tolerate poor behaviour and poor manners.

At school we expect all members of the school community (pupils, staff, parents and visitors) to:

- Show respect, care and consideration to all
- Challenge unacceptable, unkind behaviour
- Care for our school environment
- Promote good learning behaviour
- Maintain the highest standards of personal conduct
- To accept responsibility for their behaviour and to encourage others to do the same

We are all part of this team at CityKidz. Together we are responsible for our children's behaviour and academic progress. Everyone in our school needs praise, success and recognition. Let's work together so that we can continue to be a great CityKidz team.



Get ready for the **CityKidz**  
*Spring festival*

1 September 2021 • R10 for civvies

Dress to impress in cool crazy colours

for sale

R10 candy sticks R5 cake slices  
 R10 candyfloss R5 ice cream

## African Traditional Medicine Day 31st August 2021

The World Health Organization (WHO) estimates that 80% of the populations of Asia, Africa and Latin America use traditional medicine to meet their primary health care needs. For many people in these countries, particularly those living in rural areas, this is the only available, accessible and affordable source of health care.

August 31 is African Traditional Medicine Day. Traditional African medicine is a holistic discipline involving the use of indigenous herbalism combined with aspects of African spirituality. Globally, there is now a general recognition that traditional medicines, the **medicines once described as primitive, could be mankind's saving grace** – and, therefore, within the past three decades, the

**changing view of herbs in particular, as medicines moved from that of “witches brew” to major medicine** (1). It is estimated that out of a global population of approximately 6.3 billion, about 4 billion utilize plants to meet their primary health care (PHC) needs, It is also now recognized that about half the people in industrialized countries regularly use what is described as complementary and alternative medicine.



Mr. Odhiambo started practicing herbal medicine on chicken and dogs in his rural village. He was curious on why the dogs chewed grass and why the chicken coughed and had whizzing sounds sometime whilst breathing, that was when his grandfather introduced him to herbal **healing**. *“My grandfather told me to pound hot pepper mixed with Aloe Secundiflora leaves and Kendogensis Foetidissima and to add water before administering the concoction to the chicken, I noticed that after a few days the chicken were healed. This fascinated me, how can simple herbs heal, with encouragement from my grandparents, I started to successfully treat myself and my family members with assorted plant remedies whenever cases of coughs, headaches, chest congestions would arise,”* **stated Mr. Odhiambo.**

In most cases, knowledge of traditional medicine is passed down from generation to generation and stays in the family. Herbalists are faced with numerous challenges for example: younger generations are slowly losing interest in traditional medicine; healers are dying and with them their knowledge; medical industry have taken advantage of insufficient policies on traditional medicine and developed their own drugs, based on traditional knowledge for which they have no copyrights; and insufficient knowledge and capacity by herbalists on procedures on how to patent, clinically test and sell their products.

Traditional health practitioner Bontle Moatlhudi, also known as Gogo Nkanyezi, who has been a healer for four years.



**“The use of African traditional medicine is holistic, in the sense that it involves the use of indigenous herbs and large aspects of African spirituality,”** explains Moatlhudi.

**“In recent years, we have seen strides being made in including traditional medicine in the health practice. We have indigenous herbs such as lengana, mosettha and serokolo which are now packaged and available to purchase over the counter at conventional pharmacies,”** she adds.

Moatlhudi says the public has, in recent years, shown a level of comfort using traditional

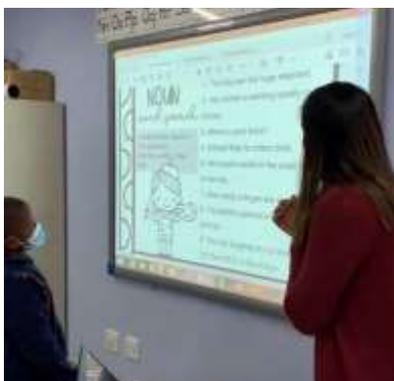
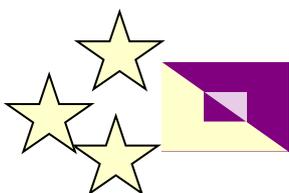
medication. <https://www.vukuzenzele.gov.za/book/export/html/6713>



# BEHAVIOUR BANK - MOST MERITS

Most Merits Term 3 Weeks 5 and 6 - Weeks ending 27th August 2021

Grade	Name	Surname	Grade	Name	Surname
Grade RRA	Burinyuy	Kouta	Grade RRB	Ntsika	Mpako
Grade RA	Sean	Madambi	Grade RB	Sibusile	Madondo
Grade RC	Remoratile	Zikhali	Grade 1A	Neo	Kgwale
Grade 1B	Musawenkosi	Nkabinde	Grade 1C	Mlamuli	Kumalo
Grade 1D	Owethu	Ndlovu	Grade 1E	Nandipha	Hadebe
Grade 2A	Siphamandla	Ngwekazi	Grade 2B	Memunat	Opeloyeru
Grade 2C	Kim	Dube	Grade 2D	Belemu	Mukoni
Grade 3A	Kgothatso	Masedi	Grade 3B	Sibonelo	Dhlamini
Grade 3C	Thapelo	Thokoane	Grade 3D	Sizwe	Hlongwane
Grade 4A	Thatego	Sekome	Grade 4B	Natalie	Bvute
Grade 4C	Prince	Maniragena	Grade 4D	Sithembiso	Mahlangu
Grade 5A	Ayabonga	Mgidlana	Grade 5B	Tlotliso	Seremo
Grade 5C	Boitshepo	Mano	Grade 5D	Sharon	Madziwa
Grade 6A	Anointed	Aneke	Grade 6B	Keane	Ncube
Grade 6C	Karabo	Magodiela	Grade 7A	Unathi	Nkomo
Grade 7B	Ayanda	Masina	Grade 7C	Thabisile	Nkomo



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UMALUSI



CityKidz Pre & Primary School is Accredited by Umalusi, Council for Quality Assurance in General and Further Education and Training- accreditation number 18 SCHO1 00576



## Quote for the Week

*If you want others to be happy, practice compassion. If you want to be happy, practice compassion.*

Dalai Lama

18 Mooi Street  
 City & Suburban  
 Johannesburg  
 2023  
 (Entrance in 11 Goud)



**Warm Regards**

**Mrs S Reynolds  
 Principal**