



# Kidz Chronicle 11 November 2022 Edition 17 Term 4

#### Dear Parent/Guardians

The Grade 6 and 7 Soccer and Netball Mini Tournament was originally planned for Tuesday 08th November at Mayfair Convent Primary. This was postponed twice because of rainy weather. We are always grateful for rain and the lack of rain during the winter months had become a concern. Earlier this week we were gifted by torrential downpours and although we appreciate every little drop we were nevertheless disappointed of having to postpone the event twice.

We were all still holding thumbs and praying for a sunny day for Thursday on Wednesday night.

Early Thursday morning things were looking up.

Finally ... a bright sunny Thursday morning dawned ... the day all our Grade 6 and 7 learners had been waiting for! Our sports teams looked fabulous kitted out in their soccer and netball gear, so pro! And our supporters and cheerleaders were very smart in their uniforms.

We were warmly welcomed by Mayfair Convent and then it was time to go, go, go! The matches were played to fever pitch excitement with wonderful sportsmanship displayed by all teams...

Final scores were:

Netball:

6A Team: CK 1: MC 8 6B Team CK 2: MC 5 7A Team CK 7: MC 1 7B Team CK 3: MC 8

Soccer:

6A Team CK 3: MC 2 6B Team CK 1: MC 5 7A Team CK 4: MC 1 7B Team CK 1: MC 1

It was an absolutely awesome day.

Well done teams, cheerleaders, teachers and supporters. Thank

you CityKidz and Mayfair Convent!

That was a lot of fun, when may we play again?











## Grade 7 Entrepreneur's Day

Are you able to think on your feet and adapt to situations? If not, you should not think of being an entrepreneur. It's nearly impossible to be prepared for every scenario, but successful business leaders must be adaptable. Adaptability is incredibly important. Todays' entrepreneurial day was a perfect example. All the planning can go awry in the split of a second. Always have a plan B.

The weather was a major challenge but opportunities present themselves at every turn. Even when it bucketed with rain the show was able to go on! The entire day was quickly restructured to accommodate the budding entrepreneurs. Jumping castles were set up in the hall and food stalls were moved and set up in the Funky Factory. Money exchanged hands and our Grade 7's felt extreme joy when they counted their groups' profits. Some groups were disappointed by their profit margins, others re-

were disappointed by their profit margins, others relieved that they did not make a loss. I certainly hope parents who laid out capital, received their monies back and invaluable lessons were learnt.









Monday	luesday	Wednesday	Ihursday	Friday
14/11	15/11	16/11	17/11	18/11
CASS	CASS	CASS	CASS	CASS
Mon 21/11	Tues 22/11	Weds 23/11	Thurs 24/11	Fri 25/11
Controlled Tests Dismissal Times: 12h30	Controlled Tests Dismissal Times: 12h30	Controlled Tests Dismissal Times: 12h30	Controlled Tests Dismissal Times: 12h30	Controlled Tests Dismissal Sat 26th Grade RR/R and 1 Graduation

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# Grade 7 Entrepreneur's Day







Give yourself enough time to study. Don't leave it until the last minute.

Organize your study space- Have you got enough light? Is your chair comfortable? Do you have the right books and study notes?

Try and get rid of all distractions, and make sure you feel as comfortable and able to focus as possible. Switch off radios, cell phones and TV's.

Use flow charts and diagrams. Visual aids can be helpful when revising.

Practice, practice, practice! Practice on old exams and tests.

Test yourself. Explain your answers to others and discuss your work. That will help you to get it clear in your head, and to highlight any areas where you need more work.

Take regular breaks.

#### Drink plenty of water and eat healthy nutritious brain food.

Healthy brain food for studying includes:

Protein — meat, fish, eggs, poultry, legumes, nuts and seeds, dried beans and lentils, dairy products and soy products. Protein helps your brain send messages to the rest of your body, and helps create brain chemicals that improve your mood.

Antioxidants — fruits and veggies. Antioxidants can help delay or even prevent certain effects of aging on the brain.

Omega-3 — oily fish, flax seeds and flax oil, and eggs, chicken and beef. Omega-3s have been found to help your brain work harder and improve your mental health.

Dietary cholesterol — dairy and egg yolks. Your brain relies on cholesterol to create the cells that send messages to the rest of the body.

Monounsaturated fats — avocados, nuts, olive oil, canola oil and peanut oil. Food that contains monounsaturated fats can improve your memory and help your brain work harder, better, faster, stronger.

Brain Oysters

Whole grain

Chocolate

Tea

Eggs

Water. Your brain is 73% water, and water is vital to keeping your body (and brain) in tip-top shape.

### Life lessons: by Sandra Chauke

Sandra Chauke (6B) submitted the following to Mr Mlotshwa:

Manners, it's that simple really. Manners don't only reflect your behaviour but also your character, the way you treat yourself in front of people. Other people learn their manners from their mistakes. It is not always about how you look or what you say, but about how you treat other people. Have good manners when you talk to your elders, parents, teachers and your friends. Don't have good manners because you have to, have good manners because you want to.

Stranger Danger

Many years ago people used to believe that anyone older than you, even a stranger, should be considered your uncle or aunt. The youth of nowadays believe that anyone who you do not know is dangerous. Others can be safe but not everyone. The important thing is to respect your elders, peers, friends and family. To be honest, not everyone is dangerous and it is not everyone that is safe. So remember "Stranger Danger".

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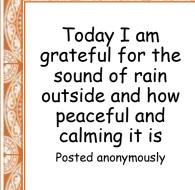
	CONTROLLED TE	STS 2022
21 November 2022 Monday	First Session: 08h00-10h00 Grade 4 and 5 Break: 10h00 - 10h25 - Funky Factory Grade 6 and 7 Break 10h00 - 10h25: Field Second Session: 10h30 - 12h30 Dismissal Times: 12h30 Children are to go to his /her homeroom teacher and continue with revision, additional work, or oral assessments BEFORE released for breaks.	Session 1: English Gr 4, 5, 6 and 7 Session 2: EMS Gr 7
22 November 2022 Tuesday	First Session: 08h00-10h00 Grade 4 and 5 Break: 10h00 - 10h25 - Field Grade 6 and 7 Break: 10h00 - 10h25: Funky Factory Second Session: 10h30 - 12h30 Dismissal Times: 12h30 Children are to go to his /her homeroom teacher and continue with revision, additional work, or oral assessments BEFORE released for breaks.	Session 1 SS- Hist Gr 4, 5, 6 and 7 Session 2: Afrikaans Gr 4, 5, 6 & 7
23 November 2022 Wednesday	First Session: 08h00-10h00 Grade 4 and 5 Break: 10h00 - 10h25 -Funky Factory Grade 6 and 7 Break 10h00 - 10h25: Field Second Session: 10h30 - 12h30 Dismissal Times: 12h30 Children are to go to his /her homeroom teacher and continue with revision, additional work, or oral assessments BEFORE released for breaks.	Session 1: Maths Gr 4,5, 6 & 7  Session 2: NS/Tech- Grade 4/5/6 Session 2: NS- Gr 7
24 November 2022 Thursday	First Session: 08h00-10h00 Grade 4 and 5 Break: 10h00 - 10h25 -Field Grade 6 and 7 Break: 10h00 - 10h25: Funky Factory Second Session: 10h30 - 12h30 Dismissal Times: 12h30 Children are to go to his /her homeroom teacher and continue with revision, additional work, or oral assessments BEFORE released for breaks.	Session 1: 55- Geog Gr 4, 5, 6 and 7 Session 2: Gr 7 Technology
25 November 2022 Friday	First Session: 08h00-10h00 Grade 4 and 5 Break: 10h00 - 10h25 - Funky Factory Grade 6 and 7 Break 10h00 - 10h25: Field Second Session: 10h30 - 12h30 Dismissal Times: 12h30 Children are to go to his /her homeroom teacher and continue with revision, additional work, or oral assessments BEFORE released for breaks.	Session 1: Creative Arts Gr 7.  Session 2: Life Skills/PSW Gr 4/5 & 6 Session 2: Life Orientation Gr 7

Divine just loving his lessons with teacher Nadia. He was having such fun, In Grade 1 they build foundational skills through play based activities. His cat and his dog were so amazing that he deserved his gold star..





#### QUOTE FOR THE WEEK



## Previous Newsletter's answer

Rishi Sunak is the new British as Prime Minister

## General Knowledge question for the week

In meters, how long is an Olympic swimming pool?



orthodox outrageous ovation overwhelming package paddock paedophile palpitation pandemonium parachute paradise paraffin parallel paralyse paramount paranoia

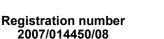
Most Merits Term 4 week ending 11/11/2022						
Grade	Name	Surname	Grade	Name	Surname	
Grade RRA	Liyana	Kumalo	Grade RRB	Amile	Nyembezi	
Grade RA	Thapelo	Mashalaba	Grade RB	Uluthando	Madlopa	
Grade RC	Xena	Khuzwayo	Grade 1A	Dineo	Sihongo	
Grade 1B	Bonolo	Molifi	Grade 1C	Ntseh	Chi	
Grade 1D	Sbahle	Maphosa	Grade 2A	Ethan	Mashele	
Grade 2B	Khanyisa	Ngobeni	Grade 2C	Alunamda	Zantsi	
Grade 2D	Kungawo	Gwala	Grade 3A	Jonathan	Chengu	
Grade 3B	Branden	Моуо	Grade 3C	Brandon	Lukongwa	
Grade 3D	Tyler	Ndebele	Grade 4A	Kutlwano	Modisane	
Grade 4B	Thandolwethu	Dube	Grade 4C	Thabisile	Dube	
Grade 4D	Belinda	Sibanda	Grade 5A	Didintle	Mataboge	
Grade 5B	Keamogetswe	Raditau	Grade 5C	Jade	Ndlovu	
Grade 5D	Simphiwe	Khumalo	Grade 6A	Olerato	Malape	
Grade 6B	Abongwe	Nongogo	Grade 6C	Oluhle	Moyo	
Grade 6D	Khaya	Mahanyele	Grade 7A	Favour	Amakor	
Grade 7B	Pamela	Chitungo	Grade 7C	Ramesh	Nche	





CityKidz Pre & Primary School is Accredited by Umalusi, Council for Quality Assurance in General and Further Education and Training accreditation number 18 SCHO1 00576













Mrs S REYNOLDS PRINCIPAL

